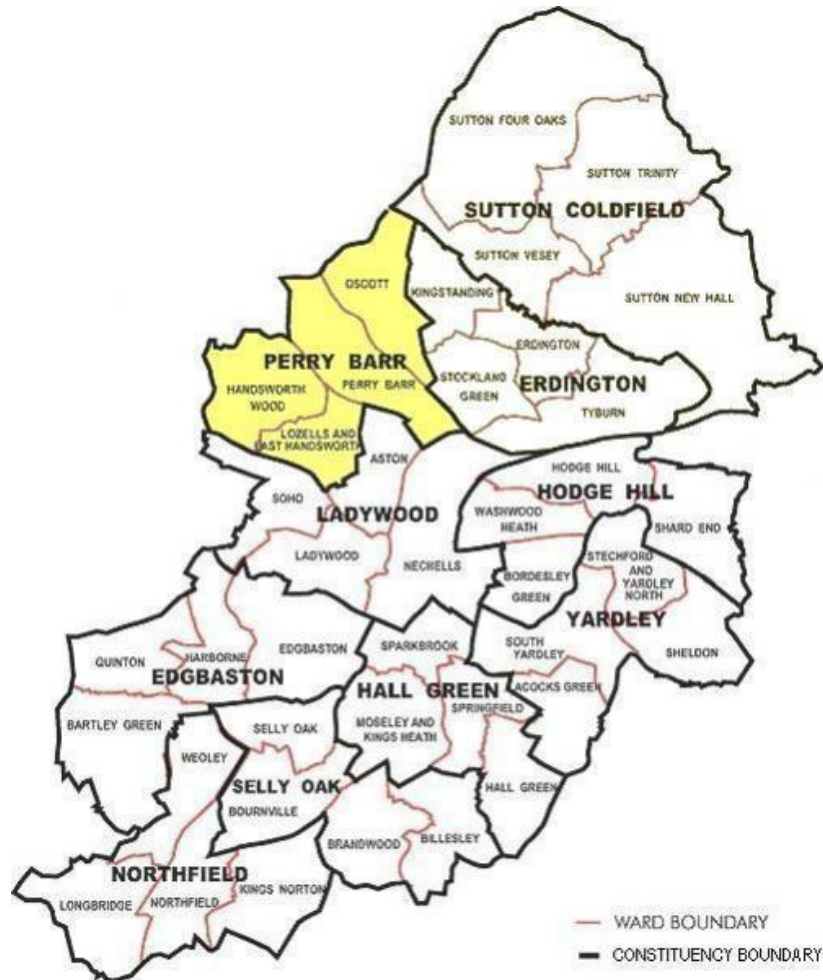


# Perry Barr Neighbourhood Network Bulletin

## Week Ending 29.05.2020



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# **1. Introduction**

Dear All,

I hope you and your families are managing to keep safe and well.

As you will be aware, due to covid-19 most of our activities have now been suspended and it has become a priority to focus activity on the co-ordination of support available to residents across the Perry Barr Constituency.

Birmingham City Council continues to provide services to those who have an eligible need for care and support. If you need to contact the Council about any adult social care matter, **you call on 0121 303 1234**

This bulletin has the latest information that we have collated regarding support services that are available to residents, which may be of assistance to you when dealing with queries relating to support and information during the current social distancing measures that have been imposed due to the COVID-19 pandemic.

We would be grateful if you could continue to provide us with any information regarding any groups within your wards who are providing emergency support for vulnerable citizens.

Kind regards and stay safe,

*Neil De-Costa*  
*Senior Service Manager – Community Development & Perry Barr*  
*Neighbourhood Network Scheme Lead Facilitator*  
*Neighbourhoods Directorate*

Email: [Neil.De-Costa@birmingham.gov.uk](mailto:Neil.De-Costa@birmingham.gov.uk) or call 07917 643626  
[Michael.Wynter@birmingham.gov.uk](mailto:Michael.Wynter@birmingham.gov.uk)  
[Simon.Furze@birmingham.gov.uk](mailto:Simon.Furze@birmingham.gov.uk) or call 07703373645

## **2. Latest News**

### **Coronavirus Outbreaks – FAQs published by Government**

Government has updated their frequently asked questions (FAQs) document on the Coronavirus Outbreak to reflect the latest guidance. This covers what can and can't be done as part of the government's plan to return life to as near normal as can be for as many people as possible, in a way that is safe and continues to protect the NHS. Please see full details [here](#).

### **Covid-19 - Guidance for Stepdown of Infection**

This guidance provides advice on appropriate infection prevention and control (IPC) precautions for patients recovering or recovered from COVID-19 and remaining in hospital or being discharged to their own home or residential care. Please click [here](#) for further information regarding the need to take a precautionary approach, with more stringent rules for ending isolation and infection control, recommended for hospitalised patients.

### **BCC CAB Buildings to Remain closed at present**

Dawn Hewins, Head of HR, has confirmed that the Council is not looking to reopen any Central Administrative Buildings (CAB) at the present. This includes Woodcock Street, Sutton New Road and Lifford House. The opening of CAB buildings is being kept under review and any changes will be communicated out to staff. There is guidance on [working from home on the internet](#).

### **Discretionary Business Grant Scheme**

The Government has announced that it will provide a Discretionary Business Grant Scheme for small businesses and Birmingham City Council have now put the process together for determining eligible grants.

A new telephone line has been set up to assist small businesses with their enquiries and the contact center will be taking these calls from the 1<sup>st</sup> June.

The line will open from 9am – 5pm

For those business which meet the criteria, they will need to make an online application for this financial support by visiting <https://www.birmingham.gov.uk/dbg> , this is the only way for businesses to apply. The application process will open for two weeks on the 1<sup>st</sup> June and businesses will have up until the 14<sup>th</sup> June to submit the application, after this date the process will close.

The telephone number for the Discretionary Business Grant line is: 0121 216 1020

### **Re-introduction of parking charges as city gets back to normal**

As aspects of daily life, including the way we move around the city, begin returning to normal, the city council is preparing to reintroduce parking charges and enforcement activities from June 15.

Charges were suspended and city council multi-storey car parks were closed at the start of the COVID-19 pandemic in response to the drastic fall in vehicle numbers as people adhered to the initial raft of social distancing guidelines.

But following recent announcements by the Government, including permission for non-essential retail to open from June 15, there is now a need to ensure the city's roads and parking facilities are used correctly to ensure traffic can flow as freely and safely as possible.

Free parking for NHS staff, health and social care workers and NHS volunteer responders displaying the relevant pass will remain in place.

However, for everyone else, all surface-level car parks and on-street fee-paying areas will resume charging - and in recognition of the fact that more vehicles are expected to be out and about, three city council car parks will also be re-opened (in addition to the Snow Hill multi-storey that has remained open) on their normal fee-paying basis from June 15:

- [Town Hall multi storey car park](#)
- [Dudley Street underground car park](#)
- [Jewellery Quarter multi-storey car park](#)

Their use will be kept under close review and a decision on re-opening the remaining multi-storey sites will be made in due course.

Social distancing measures will be introduced in lifts and stairwells where possible with appropriate signs and reminders to enable people to stay as safe as possible. [Payment for parking can also be done in a contactless way via the RingGo service.](#)

The free parking for NHS staff, health and social care workers and NHS volunteer responders will be maintained until the Government withdraws this concession. Those eligible for this concession can obtain the required pass from their employer and are encouraged to use car parks rather than on-street spaces which are primarily for short-stay parking.

### **Perry Barr highway works**

On Monday 8 June, main works on the Perry Barr highway improvement scheme will begin, meaning some changes to travel in the area.

A new temporary road layout will be installed, requiring some off peak (9.30am to 3.30pm) and some overnight (8pm to 6am) closures. This phase of the works will last for approximately 6 months and the overall scheme is due to be completed in late 2021.

Access to properties and businesses will remain available throughout these works. [Read more and download the temporary road layout map.](#)

The highway improvement scheme is one part of the wider regeneration of Perry Barr. We aim to keep disruption to a minimum, but some will be unavoidable. You can help by:

- Making fewer trips through the area. If you are currently working from home, can you continue to do this for a longer period to reduce commuting trips in the area? If you don't need to stop off in Perry Barr, could you use a different route?
- Walk or cycle for local journeys, especially when visiting shops and amenities in Perry Barr or taking children to school.
- Travel at quieter times. If possible, avoid travelling between 7.30am and 9.30am, and between 3.30pm and 6.30pm.

[Read more travel advice](#) on the West Midlands Network website.

### **Specialist employment support**

Due to exceptional circumstances created by the COVID 19 pandemic, all face to face support has been stopped for PURE.

During these challenging times the [PURE Project](#) is continuing to operate to support the most vulnerable citizens in our community to continue towards Employment, Education and Training.

We are still accepting referrals and supporting citizens with D.A, substance addictions as well as a raft of other vulnerabilities including; Learning Disabilities, homelessness, mental health etc. As ever at the core of all we do is the wellbeing and safety of our citizens



PURE Project -  
Covid-19 Service Upd

## **3. Ongoing Covid 19 Advice**

### **Government Announce Financial Support for Voluntary, Community and Social Enterprise (VCSE) Organisations**

The government has pledged £750 million to ensure VCSE can continue their vital work supporting the country during the coronavirus (COVID-19) outbreak, including £200 million for the Coronavirus Community Support Fund, along with an additional £150 million from dormant bank and building society accounts. Further information can be found on the government website [here](#)

## **Government Announce Additional Funding for Local Authorities to Support Test and Trace Service**

Local Authorities will be central to supporting the new test and trace service in England, with the Government providing a new funding package of £300 million. Further information can be found on the government website [here](#)

## **Coronavirus: COVID-19 Scams**

Criminals are exploiting fears about Coronavirus (COVID-19) to prey on members of the public, particularly older and vulnerable people who are isolated from family and friends.

[National Trading Standards](#) is warning people to remain vigilant following a rise in coronavirus-related scams that seek to benefit from the public's concern and uncertainty over COVID-19.

Scams can be difficult to recognise, but there are things you can look out for.

You can use [Citizen's Advice online scams helper](#) to get advice that's specific to your situation.

## **Home Office extends bereavement scheme to social care workers**

The Home Office is extending the offer of indefinite leave to remain, free of charge, to the families and dependants of NHS support staff and social care workers who die as result of contracting coronavirus. The offer of indefinite leave to remain will be effective immediately and retrospectively.

The scheme was initially launched in April for health workers in NHS and independent health and care sector, but as of Thursday 21<sup>st</sup> May, the scheme will be extended to social care workers and NHS support staff in recognition of their tireless dedication and selflessness.

For further information, please see the [link here](#).

## **Expansion of Coronavirus testing to everyone with symptoms**

Everyone in the UK with symptoms of coronavirus is now eligible to book a test, ahead of the rollout of the test and trace service. The expansion of testing comes after the addition of anosmia (loss of or change in your normal sense of smell or taste) as a coronavirus symptom.

As well as booking a test for coronavirus, anyone with symptoms and their household members must also self-isolate in line with current guidelines. For further details please on booking a test or self-isolating, please see [here](#).

## **Online Support for Social Care**

During the pandemic and its response, it is recognised that staff need to take care of themselves as well as citizens. Below are several links to information from organisations with suggested approaches to do this:

- The professional association for social work and social workers has produced a [self-care guide](#)
- The Dept of Health and Social Care have launched the CARE app to support the adult social care workforce in England, accessible via Google Play and Apple App stores or [online here](#).
- The BCC has provided a short piece on [working well from home](#).

These resources are alongside many others including the [health and wellbeing information](#) on the Council's intranet, covering a wide range of issues, including, bereavement, domestic abuse, health & wellbeing as well as links to further external resources.

### **Health Watch Birmingham**

Healthwatch Birmingham wants to support the amazing work the local voluntary and community sector, NHS and social care are doing to help vulnerable people in the city during the Covid-19 lockdown.

**Please help us to reach the communities you serve by sharing our survey.**

By hearing the experiences of individuals across Birmingham, who might now be facing challenges such as disruptions to their care, we will be able to share information to help organisations identify gaps in services and improve support. This will also enable us to inform vulnerable people how to get the help they need.

### **Online survey**

I have attached some draft text for an email newsletter for you to forward to your contacts. This includes a link to the online survey. The direct link to the survey is [https://www.surveymonkey.co.uk/r/C19\\_HWB](https://www.surveymonkey.co.uk/r/C19_HWB) if you would prefer to circulate it in that form.

## **4. Food parcels to citizens on the Government 'shielded list'**

The City Council is currently delivering food parcels to those citizens who have received a letter from the NHS as they are on the national shielded list and have identified themselves as citizens who unable to obtain food.

If any citizens want to or have not yet registered and are eligible – [Click Here](#) to register them.

### **The Active Wellbeing Society**

[The Active Wellbeing Society](#) (TAWS) is a community benefit society established to enable people and communities to get active together. TAWS is registered as a

Community Benefit Society with the Financial Conduct Authority.

TAWS are co-ordinating with food banks and other organisations to get food parcels and prepared food out. [To apply for support, click here](#)

If people can't use the online form, please call: 0121 728 7030

### **Birmingham City Council**

The council has launched an emergency response hub to ensure access to support is available for our most vulnerable citizens.

For more information:

- Online: [birmingham.gov.uk/coronavirus\\_advice](https://www.birmingham.gov.uk/coronavirus_advice)
- By phone: 0121 303 1116 (Mon-Fri:9am-5pm)

For any enquiries, please email [dawn.hannigan@birmingham.gov.uk](mailto:dawn.hannigan@birmingham.gov.uk)

### **Birmingham Voluntary Sector Council**

[Birmingham Voluntary Service Council \(BVSC\)](#) provides support to volunteers, voluntary groups and civil society in the City of Birmingham. BVSC is working with colleagues at Birmingham City Council on the city's response to Covid19.

BVSC webpage includes details on how self-isolating individuals can access food supplies; information on local Mutual Aid Groups;

- contact details for [local Neighbourhood Network hubs](#);
- access to our [Route2Wellbeing online portal](#) (a searchable directory of wellbeing services in the city, including foodbanks);
- [General informative](#) advice Covid19 help for vulnerable citizens

## **5. Perry Barr Constituency Support**

Constituency Asset register:



Copy of Copy of PB  
NNS Emergency Asse

### **Age UK Sandwell North Birmingham**

- Reception: 0121 437 0033
- [hotmeals@ageukbirmingham.org.uk](mailto:hotmeals@ageukbirmingham.org.uk)
- [www.ageukbirmingham.org.uk](http://www.ageukbirmingham.org.uk)
- [www.ageuksandwell.org.uk](http://www.ageuksandwell.org.uk)

### **Aspire and Succeed - Lozells**



[Aspire and Succeed](#) is a community-led organisation, working to help shape and improve the lives of local people regardless of background.

- Tel: Shale Ahmed 0121 507 0218
- Email: [shale@aspireandsucceed.org](mailto:shale@aspireandsucceed.org)

### **Beacon Church - Holyhead**

Beacon Church has several [community outreach initiatives](#) that can offer support at this time.

- Tel: Elaine 0121 551 5232
- Email: [admin@beacon-church.co.uk](mailto:admin@beacon-church.co.uk)

### **Cedar Church - Oscott**

[Cedar Church](#) have provided PPE and emergency food supplies for key workers.

- Tel: +44 (0) 121 667 3071
- Email: [info@cedar.church](mailto:info@cedar.church)

### **Crossroads- Perry Barr**

[Our Care Support Workers](#) are still out providing a vital service to the most vulnerable members of our community and we would like to reassure you that we are following public health advice and precautions stringently to ensure the safety of our staff and service users

- Tel: Kerry Burns 0121 553 6483
- Email: [E12dultsPerryBarr@birmingham.gov.uk](mailto:E12dultsPerryBarr@birmingham.gov.uk)

### **Elim Life Church Service- Kingstanding**

The [Elim Life Church](#), based in North Birmingham, is offering community support: Kingstanding; main site and community hub with Foodbank; Pheasey; community hub; Wyrley Birch; community hub.

- Tel: Mary Morrison:0121 350 9650
- Email: [m.morrison@elimlifechurch.co.uk](mailto:m.morrison@elimlifechurch.co.uk)

### **Guru Saaba Guredwara – Great Barr**

- Tel: Jagbir:07795 646240 01213566789
- Email: [singhsabhabham@gmail.com](mailto:singhsabhabham@gmail.com)
- Web: <http://www.singhsabhabham.co.uk/>

### **Handsworth Association of Schools - Handsworth**

[Handsworth Association of Schools](#) is a charitable network of over 20 schools

which exists to improve the life chances, family health, well-being and social integration of multi-ethnic families in Handsworth.

- Tel: **Deborah Bonnique:07951 091415**
- Email: [d.bonnique@handsworth.bham.org.uk](mailto:d.bonnique@handsworth.bham.org.uk)



Support Request  
Form.docx

### **Handsworth Wellbeing Centre - Handsworth**

[The Handsworth Wellbeing Centre](#) is providing support during the Covid19 pandemic. For more information:

- Tel: Mark Brown: 07825 282656
- Email: [mark\\_brown@birmingham.gov.uk](mailto:mark_brown@birmingham.gov.uk)

### **Laurel Road Community Sports Centre - Handsworth Wood**

[Laurel Road Community Sports Centre](#) - Supporting wellbeing at home and Keeping Connected

- Tel: Joy Scott-Thompson:0121 523 6802
- Email: [office@laurelroad.co.uk](mailto:office@laurelroad.co.uk)

### **Lozells Central Mosque - Lozells**

[Lozells Central Mosque](#) is offering various community support services.

- Tel: Faizul Qur'an:0121 523 0810
- Email: [faizulquran@mail.com](mailto:faizulquran@mail.com)

### **New Life Wesleyan Church & Canon Street Memorial Baptist Church Partnership - Holyhead**

[Both churches](#) are offering support for vulnerable people

- Tel: Rev Margaret Daley:0121 507 0734
- Email: [margaret@handsworthwesleyan.org](mailto:margaret@handsworthwesleyan.org)

### **Nigerian Food - Perry Barr**

- Tel: Oghenekevwe Efedjare 07466 392184
- 

### **Nishkam Community Centre – Handsworth**

[The Nishkam Community Centre](#) offers a wide range of community and personal support services and advice. The centre is closed due to Covid19, but its community support teams are still working remotely.

Special Welfare support Helpline open weekdays between 9:30am – 4:30pm.

- Tel: 0121 515 0003
- Chaplaincy Support: 0121 515 005

For further advise and support:

- Tel: 0121 515 4229
- Email: [info@ncauk.org](mailto:info@ncauk.org)

### **Perry Beeches Baptist church – Perry Barr**

[Perry Beeches Baptist church](#) is offer various community support services during the Covid19 pandemic. For more information:

- Tel: Tracy Sweet 07540739107
- Email: [admin@perrybeechesbaptistchurch.com](mailto:admin@perrybeechesbaptistchurch.com)

### **Project Food Bag - Gurdwara Aid - Sandwell**

- Tel: Michael:07427 199 971

### **St Matthew's Church - Perry Beeches – Oscott**

Isolated and without help?

If you don't know where to turn please call us and if [St Matthew's](#) can help, we will.

- Tel: Fr Adam Romanis: 07734551000
- Email: [adam.romanis@btinternet.com](mailto:adam.romanis@btinternet.com) or [dave\\_cook@blueyonder.co.uk](mailto:dave_cook@blueyonder.co.uk)

### **Sikh Women's Action Network (SWAN) - Handsworth Wood**

[SWAN](#) is a community-based organisation involving a small number of women from the Sikh community across the Birmingham, Sandwell, Walsall regions. These women have reached positions in business, public and voluntary sectors and have strong links with the community.

- Tel: Narinder Kooner:07525 900648
- Email: [narinder@swanempower.co.uk](mailto:narinder@swanempower.co.uk)

### **The Sikh Soup Kitchen - Handsworth**

Outside Handsworth Library, Soho Road, Handsworth, B21 9DP Reception at

Baba Deep Singh Shaheed Gurdwara

- Tel: 0121 554 8034/0121 472 5894
- Email: [panjpani@gmail.com](mailto:panjpani@gmail.com)

[SWAN](#) is a community-based organisation that offers specialist BME service to support vulnerable communities in the region. Services include support for victims of Domestic Abuse, Child Sexual Exploitation and Grooming. In addition, they deliver a range of programmes to educate and empower communities to promote health and wellbeing.

Tel: 07525 900648

Email [narinder@swanempower.co.uk](mailto:narinder@swanempower.co.uk)

### **Villa Cross Soup Kitchen – Lozells**

[Villa Cross Soup Kitchen](#) provide a hot meal, clothing, advice, and assistance to people in need, in a warm and friendly environment where they are treated with respect and dignity.

- Tel: Cynthia Spence 07932611815
- Email: [cvspence1@yahoo.co.uk](mailto:cvspence1@yahoo.co.uk)

## **6. City Wide Support & advice for Citizens**

### **App for those experiencing difficulties with Alcohol or Drugs**

Change, Grow, Live (CGL), the Council's commissioned service provider for drug and alcohol prevention and treatment service has launched an app, called "CGL Prevent". It gives those experiencing difficulties with alcohol or drugs access to a set of proven techniques to help achieve positive behaviour change. For further information about the app and where to find it, please see the attached leaflet to the ASC internal comms email.



CGL Alcohol and  
Drug Prevent App.pdf

### **Aspects Care Ltd**

- Tel: Paul Graham:0121 433 2500 / 07782391892
- Email: [paulgraham@aspectscare.co.uk](mailto:paulgraham@aspectscare.co.uk)
- Web: <https://aspectscare.co.uk/birmingham/>

### **Aspire4u CIC**

We hope you and your family are keeping well during these uncertain times. In this newsletter, please find [Aspire4u's](#) response to the COVID-19 outbreak and the changes we have made to continue to serve the community.

### **As-Suffa**

[As-Suffa Outreach](#) provides several programmes and support mechanisms to assist our community of Birmingham.

- Tel: 07835 487124 / 0121 285 2777
- Email: [info@as-suffa.org](mailto:info@as-suffa.org)

### **Bereavement Services**

- Reception 0121 687 8010/0808 808 1677
- Email: [birmingham@cruse.org.uk](mailto:birmingham@cruse.org.uk)
- Web: <https://www.cruse.org.uk/get-help/local-services/west-midlands/birmingham>



Bereavement Emergency  
support\_200420.xlsx

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### **Birmingham City Council**

#### **General Advice**

There is a dedicated BCC Contact Centre number for citizens needing general advice on benefits, council tax or housing

- Tel: **0121 216 3030**

#### **Discretionary Housing Payments (DHP):**

Discretionary Housing Payments are for people who need extra help with their rent when Housing Benefit, Local Housing Allowance, or Universal Credit (including the housing element) doesn't cover the full amount. The payments are made from a limited fund and are for a short-term payment for those experiencing difficult circumstances.

Citizens can apply on line by visiting: <https://www.birmingham.gov.uk/dhp> There is £5 million allocated to this fund for 2020/21 in Birmingham. It is therefore extremely limited

#### **Local Welfare Provision**

Citizens who find them self in a short term crisis and need help to buy food or gas and electric Etc... can apply for short term help by visiting <https://www.birmingham.gov.uk/lwp> and completing the online application form.

The pre-paid cards will then be sent out in the post. The budget of £780k has been added to with a further £480k to deal with the increased number of applications already coming through.

To be eligible citizens must:

- Be resident in Birmingham
- Be aged 16 or over
- Not be a person subject to immigration control or have no recourse to public funds
- Be without enough resources to meet your/your family's immediate short-term needs

### **Birmingham Settlement**

Due to the Coronavirus [Birmingham Settlement](#) have reluctantly taken the decision to temporarily close our offices. However, we will continue to provide free advice by phone and email as below:

- Tel: 0121 250 0765
- Email: [moneyadvice@bsettlement.org.uk](mailto:moneyadvice@bsettlement.org.uk)

### **Citizens Advice Bureau (CAB)**

- General welfare benefits advice will be given via the CAB Adviceline which people can reach by calling **03444 77 10 10**. This is open Monday to Friday from 9.30am to 4.30pm
- **Textphone 18001 03444 111445** For the deaf/hard of hearing
- The debt advice service can be accessed by emailing [debthelp@bcabs.cabnet.org.uk](mailto:debthelp@bcabs.cabnet.org.uk)
- Anyone seeking to make a new claim for Universal Credit should call the CAB Universal Credit Help to Claim line on **0800 1448444**.
- **Citizens Advice Consumer Service 03454 040506**
- **Webchat via [www.adviceguide.org.uk](http://www.adviceguide.org.uk)** Where clients can webchat directly with an adviser.

### **Department of Works and Pensions**

#### **Universal Credit:**

**Citizen may be to claim universal credit if**

- There on a low income or out of work
- There 18 or over (there are some exceptions if you're 16 to 17)

- You're under State Pension age (or your partner is)
- You and your partner have £16,000 or less in savings between you
- You live in the UK

Universal credit has to be applied for online by visiting <https://www.gov.uk/universal-credit/eligibility> here citizens can also use a benefit calculator to check what benefits they could get if / what they are eligible

### **DigiKick**

Due to Coronavirus, [DigiKick](#) has stopped all our community-based sessions. Find out how to get in touch by contacting:

- Tel: Chris Laband:07920 490 263
- Email: [info@digikick.co.uk](mailto:info@digikick.co.uk)

### **Generation Gains**

Increasing physical activity and reducing social isolation among over 65s are the objectives at the heart of the [Aston Villa Foundation's Generation Gains programme](#). For more information:

- Tel: Ryan Hollings 0121 327 2299 (Extension 414)
- Email: [ryan.hollings@avfc.co.uk](mailto:ryan.hollings@avfc.co.uk)

### **Forward Carers**

[Birmingham Carers Hub](#) is able to issue one-off Wellbeing Payments of up to £200 to adult carers (caring for another adult) based on a telephone Wellbeing Check. Birmingham Carers Hub is operating an info and advice telephone service on:

- Tel: **0333 006 9711** (9.30am to 4.30pm Monday to Friday with some limited out of hours support).
- Email: [info@birminghamcarershub.org.uk](mailto:info@birminghamcarershub.org.uk)

### **Headway**

[Headway](#) phone lines are open, and they are offering some 'remote services' Website and all other social media outlets updated regularly.

- Tel: 0121 457 7541
- Email: [enquiries@headway-bs.org.uk](mailto:enquiries@headway-bs.org.uk)

### **Islamic Medical Society - University of Birmingham**

Offering support and advice.

- Email: [imedbirmingham@gmail.com](mailto:imedbirmingham@gmail.com)
- Web: [www.uobmedsoc.com/islamic-medical-society](http://www.uobmedsoc.com/islamic-medical-society)

### **On the streets - Outreach team**

[On the streets](#) are offering support to the homeless around Birmingham. Whether that is to bring them food, clothing, other essentials or just a friendly face!

- Email: [onthestreetsoutreach@gmail.com](mailto:onthestreetsoutreach@gmail.com)

### **POhWER**

All of [POhWER's advocacy](#) are operating with advocates home working, Birmingham help hub is fully operational and open from 8am-6pm.

- Tel: 0300 456 2370
- Text: send the word 'pohwer' with your name and number to 81025
- Email: [pohwer@pohwer.net](mailto:pohwer@pohwer.net)

### **Steps to your health future**

[Steps to Your Healthy Future](#) are a charity that offers support for people living with type 2 diabetes and other long-term conditions. Their direct centre is closed due to Covid19, but its community support teams are still working remotely and [have specific advice on Covid19](#) for people with diabetes.

For further advice or support:

- Tel: 0121 227 8638
- Mob: 0749 7179680
- Email: [michael@stepstoyourhealthyfuture.org](mailto:michael@stepstoyourhealthyfuture.org)

### **West Midlands Combined Authority**

West Midlands Combined Authority are working across the West Midlands to collate information on what support is available. [Click here for more information.](#)

### **Specialist services**

#### **Specialist services for migrant groups in the city**

Due to the specialist nature of this work we have included a breakdown of the different services on offer. Please click the link below



Emergency  
support\_200420.xlsx

### **Healthwatch Birmingham**

#### **[Coronavirus \(Covid-19\): Help and support](#)**

The following organisations are providing Covid-19 support and information in Birmingham. For more information



- Email: [info@healthwatchbirmingham.co.uk](mailto:info@healthwatchbirmingham.co.uk)

### **Domestic Abuse Support**

Coronavirus and Domestic Abuse Support:

We know that this is a difficult and challenging time for everyone – but particularly so for adults and children living with domestic abuse and the professionals working hard to support them. **If you or someone else is in immediate danger, please call 999 and ask for the police.**

**For further advice about Domestic Abuse Support for West Midlands Police visit:** <https://west-midlands.police.uk/your-options/domestic-abuse#>

- Birmingham & Solihull Women's Aid 0808 800 0028
- [www.bswaid.org](http://www.bswaid.org)
- Birmingham Housing Options Hub: 0808 169 9604
- Birmingham Council Housing  
0121 303 7410 or 0121 303 2296/4806
- [www.birmingham.gov.uk](http://www.birmingham.gov.uk)
- Adult Social Care  
0121 303 1234 or 0121 675 4806 Adults
- Children's Social Care  
0121 303 1888 or 0121 675 4806

### **SWAN**

[SWAN is a community-based organisation](#) that offers specialist BME service to support vulnerable communities in the region. Services include support for victims of Domestic Abuse, Child Sexual Exploitation and Grooming. In addition, they deliver a range of programmes to educate and empower communities to promote health and wellbeing.

- Tel: 07525 900648
- Email [narinder@swanempower.co.uk](mailto:narinder@swanempower.co.uk)

### **West Midlands Fire Service advice and support**

[West Midlands Fire Service](#) are continuing to provide emergency response across the region, and we intend to continue to support the most at-risk members of our communities to keep them safe by delivering limited, risk-critical prevention activities to those who are most at risk and vulnerable to being injured or dying in a fire. These services will, however, be delivered in a way that keeps non-essential social contact to an absolute minimum and therefore protects those who have been identified as being most at risk of contracting Covid-19.

## **Birmingham Centre for Arts Therapies**

[Birmingham Centre for Art Therapies](#) has provided the below Soothing Pack to supporting positive mental health



May magazine  
2020.pdf



SOOTHING PACK.pdf

## **7. Support & advice for Business**

Support for businesses during the Coronavirus (COVID-19)

In March 2020, the Government announced it would provide Birmingham City Council with £230 million to deliver financial support to approximately 16,000 eligible businesses which have been affected by COVID-19.

Financial support will be automatically applied to eligible businesses who qualify for the following:

- Small Business Grant Funding, a one-off grant for businesses receiving Small Business Rates Relief in 2020 to 2021
- Retail, Hospitality and Leisure Grant Scheme, a one-off grant for businesses in the retail, leisure or hospitality industry which are occupied in 2020 to 2021
- Business rates relief for retail, leisure and hospitality properties that were occupied and will continue to be treated as occupied during the financial years 2019 to 2020 and 2020 to 2021
- Nursery Discount, business rate relief for nurseries which provide childcare in 2020 to 2021

For more detailed information measures visit: [Support for Business at Birmingham City Council](#)

### **Further specialist support:**

#### **iSE CIC**

In response to the Corona Virus 19 pandemic, [iSE CIC](#) has launched a #COVID19 Social Enterprise Helpline to support the sector in these challenging weeks and months. It's simple and free to access for any social enterprise across Birmingham and Solihull.

To speak to a member of the iSE Social Enterprise team:

- Tel: 0121 771 1411
- Email: [info@i-se.co.uk](mailto:info@i-se.co.uk)

### **Women and enterprise**

[Women & Enterprise's](#) mission is to help women to change their lives through nurturing the development of women-led businesses.

- Tel: 0121 663 1711
- Email: [hello@womenandenterprise.co.uk](mailto:hello@womenandenterprise.co.uk)

### **Volunteers**

Local Community Heroes Platform to connect local volunteers to those that need help

Once signed up with [Communities @ Local Heroes](#), those that need help can easily post requests for support, and those who want to volunteer can quickly see who in their local area needs help

### **Specific Funding Support**

Covid-19 related Funding and funders collated by the NDSU:



External Funding -  
Covid-19 Response.docx

## **8. Support & advice for employees**

COVID-19: guidance for employees

You should work from home unless it is impossible for you to do so.

Sometimes this will not be possible, as not everyone can work from home. Certain jobs require people to travel to their place of work – for instance if you operate machinery, work in construction or manufacturing, or are delivering front line services.

For more information on:

- Going to work
- Staying at home
- Sick pay
- Furloughed workers
- Claiming benefits



Covid-19 staff  
faqs.docx

Also follow this [link to www.Gov.uk](#)

### **ACAS**

ACAS gives employees and employers free, impartial advice on workplace rights,

rules and best practice. We also offer training and help to resolve disputes  
[Coronavirus \(COVID-19\): advice for employers and employees](#)

### **Dept Health and Social Care launch Care Workforce App**

The department of Health and Social Care have launched a new dedicated app for the adult social care workforce in England. The app provides care workers with access to guidance, learning resources, discounts and other support all in one place.

The CARE branded app comes in response to calls from the sector for a more unified and connected brand, and can be downloaded on Apple and Android supported smartphones or direct from web via <https://workforce.adultsocialcare.uk>. Please share as appropriate with as appropriate with colleagues and partners working in the adult care sector.